RESEARCH ARTICLE

EFFECTS OF JUICE AND SEED EXTRACT OF POMEGRANATE ON OXIDATIVE STRESS, INFLAMMATION, AND PHOSPHORYLATION OF ERK1/2 IN PARAQUAT-INDUCED ACUTE LUNG INJURY IN MICE

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ABSTRACT

Pulmonary fibrosis is considered the most distinctive feature of paraquat (PQ) poisoning. Inflammation and oxidative stress play crucial roles in the pathogenesis of PQ-induced pulmonary fibrosis. The current study was designed to assess the efficacy of pomegranate juice (PJ) and pomegranate seed extract (PSE) supplementation against PQ-induced pulmonary fibrosis in a mouse model. Male mice (Mus musculus) were randomly divided into four experimental groups (n=8). Group 1 (control group) received 0.9% saline only; group 2 received a single intraperitoneal injection of PQ (30 mg/kg); and groups 3 and 4 were daily treated with PJ (5 mL, 1:40 dilution) or PSE (500 mg/kg body weight, suspended in distilled water), respectively, by gavage one week before the PQ injection, then continued for 3 weeks. PQ increased significantly the levels of hydroxproline, reduced nicotinamide adenine dinucleotide phosphate (NADPH) oxidase 4 (NOX4), nitric oxide (NO), malondialdehyde (MDA), and extracellular signal-regulated kinase 1/2 (ERK1/2) in the lung tissue compared with the control group. Furthermore, the levels of interleukins (IL-6 and IL-17), transforming growth factor (TGF)-\u03b31, and CC chemokine ligand 2 (CCL2) elevated significantly in the lung tissue due to PO injection. Administration of PJ or PSE alleviated markedly the biochemical lung alterations caused by PQ injection. Additionally, PJ and PSE supplementation decreased the levels of IL-6, IL-17, TGF- β 1, and CCL2, as well as reduced significantly the phosphorylated (p)-ERK1/2, in PQ-treated mice. In conclusion, administration of PJ and PSE attenuated effectively PQ-induced lung injury in mice by modulating inflammation, oxidative stress, and fibrosis.

INTRODUCTION

Paraquat (PQ; 1, 10- dimethyl-4, 40-bipyridinium dichloride) is an effective herbicide, which is used globally for weed control to enhance crop yields. The toxicity of PQ has been reported on various organs, including the lung, heart, liver, kidney, and central nervous system^[1,2]. The primary target organ in PQ poisoning is the lung causing lethal pulmonary fibrosis. Pulmonary fibrosis due to PQ ingestion has resulted in the death of a large number of humans throughout the world especially in developing countries^[2]. For this reason, PQ-induced lung damage in animals has been used as an experimental model of lung fibrosis^[3]. The pneumotoxic effect of PQ is due to its selective accumulation in the lung due to active uptake system, followed by sustained cyclic redox reactions that lead to oxidative stress-related cell death and inflammation^[4]. Accumulation of PQ molecules begins immediately after ingestion and lasts from two to four weeks^[5]; low doses of PQ (e.g., 5 mg/kg body weight) were reported to induce chronic lung injury in laboratory animals^[6].

The development of pulmonary fibrosis by PQ takes place in two distinct phases. The first phase is a destructive phase that takes place within 1-3 days after poisoning, during it the alveolar type I and II epithelial cells are destroyed^[7]. The second phase is the proliferative phase that occurs several days after PQ ingestion and characterized by alveolitis, lung edema, infiltration of inflammatory cells into the interstitial and alveolar spaces, proliferation of the bronchial epithelium, and damage of the alveolar epithelial cells followed by extensive lung fibrosis that finally leads to death due to respiratory failure ^[7]. The mechanism for PQ toxicity was linked to PQ redox potential by undergoing redox cycling, which results in the generation of reactive oxygen species (ROS) and the depletion of reduced nicotinamide adenine dinucleotide phosphate (NADPH)^[8,9]. Moreover, the production of ROS induces deleterious impacts on the membrane lipids leading to lipid peroxidation and lung tissue damage^[10]

In addition to oxidative stress, inflammation has been demonstrated as another mechanism in the development of lung injury^[11,12]. It has been reported that lung cells in case of oxidative stress generate inflammatory cytokines and chemokines such as transforming growth factor- β 1 (TGF- β 1) and interleukins (ILs) including IL-1 and IL-6 that lead to the proliferation and differentiation of fibroblasts in the lung

tissue and subsequent development of pulmonary fibrosis^[13]. The CC chemokine ligand 2 (CCL2) is also recognized as monocyte chemotactic protein-1. It is one of the CC chemokine family^[13] that plays a role in lung inflammation by stimulating the migration of monocytes and lymphocytes to the sites of inflammation. In addition, CCL2 stimulates the release of IL-6 from synovial fibroblasts^[14]. Several pieces of evidences from both animal and human studies suggest that CCL2 may contribute to the development of fibrosis in multiple organs^[13].

The extracellular signal-regulated kinase 1/2 (ERK1/2) belongs to the non-Smad pathways for TGF- β signaling^[15]. It has been reported that CCL2/TGF- β 1-mediated pulmonary fibrosis was related to the induced ERK1/2 phosphorylation^[13,15]. It has been also shown that ERK1 exerts a crucial role in the differentiation and development of T helper-2 cells in an experimental model of asthma^[16].

Based on the fact that PQ is a strong redox/inflammatory agent and contributes to the formation of ROS, attempts for prevention of PQ induced lung toxicity have been therefore directed to explore strategies that may prevent the generation of ROS and suppressing the expression of fibrosisrelated cytokines and chemokines. Punica granatum L. (Punicaceae), generally known as pomegranate, has recently received considerable attention for its antioxidant^[17] and anti-inflammatory properties^[18]. Various parts of pomegranate fruit including peel. juice, and seeds exert high antioxidant activity due to their high contents of phenolic^[19] and flavonoid compounds^[20]. It has been reported that pomegranate seed extract (PSE) and pomegranate peel extract have protective effects against methotrexateinduced oxidative stress and lipid profile changes in rats^[21]. Supplementation of pomegranate juice (PJ) to adult rats exposed to hyperoxia for 5 days attenuated ROS production, decreased the expression of inflammatory mediators, and apoptosis^[22]. Moreover, it has been found that PSE is

effective in protecting against pulmonary fibrosis and scavenge free radicals in bleomycin-induced lung fibrosis rat model due to its antioxidant properties^[18]. However, the current study is the first ever to determine the possible antioxidant, antiinflammatory, and antifibrotic effects of PJ and PSE on PQ-induced pulmonary fibrosis in a mouse model.

MATERIAL AND METHODS Chemicals

PQ dichloride (\geq 98 %) was bought from Sigma (St. Louis, MO, USA). Other used chemicals and reagents were of the highest analytical grade.

Plant material

Pomegranate (*Punica granatum* L.) fruits were reaped at Fayoum City (Egypt) in the months of September-October, 2020. The coordinates of the city are latitude 16° 53' 12.59" N and longitude: 42° 33' 23.99" E following the degree minutes second system. The plant material was authenticated by a botanist through comparing it with the well-known herbarium specimens found at the Herbarium of Flora Researches Centre, Agriculture Museum Campus, Giza, Egypt.

Preparations of PSE and PJ

Fresh red pomegranate fruits were washed, manually peeled, the seeds were squeezed and pulsed in juicer-blender. The juice was filtered from the cell debris and kept at -20° C. The dried materials of seeds remained after juice preparation was allowed to dry, then ground forming a powder. Thereafter, 500 g of this powder was extracted in absolute ethanol (1:10 weight/volume) at 25°C for 24 hours. The mixture was then filtered by 0.45 µm pore size filters. The ethanol was completely evaporated using a rotary vacuum evaporator at 40°C and the seed extract was kept at -20°C until use.

Animals

The current experimental study was performed following the National Health Institute guidelines for Ethical Conduct in the Care and Use of Laboratory Animals. Adult male mice (*Mus musculus*) weighing 20-24 g (8 weeks old) were purchased from the National Cancer Institute, Egypt. Animals were kept in conventional cages (polycarbonate) under standard conditions of ventilation, temperature ($25 \pm 2^{\circ}$ C) and subjected to 12 hours light/dark cycle throughout the entire study. Animals were free to get water *ad libitum* and food pellet.

Experimental groups and animal dosing

Animals were divided into four groups (8 mice each) as follows: control group was treated intraperitoneally (i.p.) with 0.9% saline; PQ group was injected i.p. with a single dose of PQ (30 mg/kg) as reported by Qian *et al.*^[23] to induce pulmonary fibrosis; PQ+PJ group: animals received 5 mL of 1:40 dilution of PJ daily by gavage^[24] one week before the PQ injection and continued for further 3 weeks; PQ+ PSE group received PSE (500 mg/kg/day suspended in distilled water, daily by gavage)^[21] one week before the PQ injection and continued for another 3 weeks^[18].

Dissection and sampling

At the end of the study period, all mice were killed by decapitation under xylazine/ketamine (10/110, mg/kg) anesthesia^[25]. The lungs were excised, rinsed in ice-cold phosphate buffered saline (PBS. 0.1 mol. pН 7.4), weighed. homogenized in PBS, and sonicated. The homogenates were centrifuged for 5 minutes at 5000 $\times g$ at 4°C to obtain the supernatant. Protein concentration was measured in the pulmonary supernatant by the Bio-Rad protein assay kits (Hercules, CA, USA) according to the Bradford method^[26]. The supernatant was used for the evaluation of biochemical and inflammatory parameters in all experimental groups.

Measurement of malondialdehyde (MDA) in the lung tissue

MDA content in lung tissue was determined based on the formation of thiobarbituric acid reactive substances in the supernatant following the protocol described by AlFawaeir *et al.*^[27]. The reaction product was measured spectrophotometrically at 532 nm by using MDA colorimetric/fluorometric assay kit (BioVision Incorporated, CA, USA) against MDA standard solution of tetra-methoxypropane.

Determination of nitric oxide (NO) level in the lung tissue

The level of NO in the lung homogenate was measured according to the Griess method^[28] using a colorimetric NO assay kit (Thermo Scientific, LO, UK). Briefly, nitrite is converted to nitrous acid in an acidic medium and the resulting acid then reacts with sulphanilamide. The diazonium is coupled resulted with N-(1-naphthyl)ethylenediamine to form a colored azo dye that was measured at 540 nm.

Evaluation of hydroxyproline, NADPH Oxidase 4 (NOX4), and the inflammatory mediators in the lung tissue

The levels of hydroxyproline, NOX4, IL-6, IL-17, TGF- β 1, and CCL2 were measured in mice lung tissue by using sandwich enzyme-linked immunosorbent assay kits (Merck Millipore, San Francisco, California, USA) according to the manufacturer's instructions. MR7000 microplate reader (Dynex Technologies Inc., Chantilly, VA, USA) was used to detect the levels of the above-mentioned parameters and the inflammatory mediators at a wavelength of 450 nm.

Western Blotting analysis

Total (t)-ERK1/2 and phosphorylated (p)-ERK1/2 were estimated in the supernatant of the lung tissue by western blotting. Pulmonary supernatant samples ($30 \mu g$) were loaded and separated by using sodium dodecyl sulfate–polyacrylamide gel electrophoresis followed by transfer onto polyvinylidene difluoride membranes (Millipore Corp., Bedford, MA, USA). After blocking, the membranes were incubated with the specific primary antibodies (1:1000, Thermo Scientific, LO, UK) at 4°C overnight. Afterward, incubation with the corresponding secondary antibodies (1:5000, Thermo Scientific, LO, UK) was performed for 1.0 hour at room temperature. Detection reagents for enhanced chemiluminescence (Millipore, CA, USA) were used and the bands were detected using a chemiluminescence system (New Life Science Products, Boston, MA, USA).

Statistical methods

Statistical analysis of data was performed using GraphPad PRISM (version 6.01; Graph Pad Software, USA). Data were expressed as the mean \pm standard deviation (SD) and analyzed using one-way analysis of variance (ANOVA) followed by Tukey's test. The value of *P*<0.05 among groups was considered statistically significant.

RESULTS

Effect of PJ and PSE administration on hydroxyproline, NOX4, NO, and MDA levels in the lung tissue of the PQ-treated mice

The levels of hydroxproline, NOX4, NO, and MDA increased significantly (P<0.001-P<0.0001) in the lung of the PQ (alone)treated group compared with the control group (Figure 1). A conceivable reduction was detected in their levels upon treatment with PJ (P<0.05- P<0.001) or PSE (P<0.01-P<0.001) compared with PQ (alone)-treated mice (Figure 1).

Effects of PJ and PSE administration on the levels of the pulmonary p-ERK1/2 and t-ERK1/2 of the PQ-treated mice

The current study demonstrated that PQ injection increased significantly the lung t-ERK1/2 (P<0.05) and p-ERK1/2 (P<0.0001) levels compared with the control group (Figure 2). Despite the treatment with either PJ or PSE reduced t-ERK1/2 level in the lung tissue, the decrease was not significant (P>0.05) as compared with the PQ (alone)-treated group. On the other hand, PJ and PSE administration declined substantially the p-ERK1/2 level in the lung tissue (P<0.001) when compared with the PQ (alone)-treated animals (Figure 2).



Figure 1: Effect of PJ and PSE pretreatment on hydroxyproline, NADPH oxidase 4 (NOX4), nitric oxide (NO), and malondialdehyde (MDA) levels in lung tissue of PQ-treated mice. Hydroxyproline (**a**), NOX4 (**b**), NO (**c**), and MDA (**d**) contents in lung tissue. PQ: paraquat group, PQ+PJ: paraquat + pomegranate juice group, PQ+PSE: paraquat + pomegranate seed extract group. Data were expressed as mean \pm standard deviation, n = 8. *: *P*<0.05, **: *P*<0.01, ***: *P*<0.001, and ****: *P*<0.001 compared with the control group; #: *P*<0.05, ##: *P*<0.01, and ###: *P*<0.001 compared with the PQ-treated group.

Effects of PJ and PSE administration on the cytokine and chemokine levels in the lung tissue of the PQ-treated mice

The pulmonary levels of TGF- β 1, IL-6, IL-17, and CCL2 elevated significantly (*P*<0.001-*P*<0.0001) in the PQ (alone)-treated group when compared with the control animals (Figure 3). By administration of PJ prior to PQ injection, the levels of the lung TGF- β 1, IL-6, IL-17, and CCL2 substantially reduced (*P*<0.01-*P*<0.0001) when compared with their levels in the

PQ (alone)-treated group. Moreover, PSE supplementation led to a remarkable decline in the above-mentioned cytokines and chemokine levels (P < 0.05 - P < 0.0001) as compared to the PQ (alone)-treated group (Figure 3).

DISCUSSION

The herbicide, PQ was reported to exhibit an elevated toxic impact on pulmonary tissues with the attributed mortality rate in human due to lung fibrosis^[29]. Hydroxyproline

content elevated significantly in the current study following PQ injection. Our findings were in line with Pourgholamhossein *et al.*^[30], since hydroxyproline has been used as an indicator for the amount of collagen deposited in the lung tissue and pulmonary fibrosis. Both PJ and PSE treatment successfully reduced the augmented level of hydroxyproline in PQ-treated mice. PSE was previously proven to prevent lung fibrosis resulted from bleomycin injection^[18].



Figure 2: Effect of PJ and PSE pretreatment on pulmonary phosphorylated (p)-ERK1/2 and total (t)-ERK1/2 levels in in lung tissue of PQ-treated mice. (a) Western blot analysis, (b) p-ERK1/2 protein level, and (c) t-ERK1/2 protein level. ERK1/2: extracellular signal-regulated kinase 1/2. PQ: paraquat group, PQ+PJ: paraquat + pomegranate juice group, PQ+PSE: paraquat + pomegranate seed extract group. Data were expressed as mean \pm standard deviation, n = 8. *: *P*<0.05, **: *P*<0.01, and ****: *P*<0.0001 compared with the PQ-treated group.

The current study showed that NOX4 and NO were also induced upon PQ injection while PJ and PSE administration managed to restore their levels nearly towards the normal values. Accumulating evidence verified the idea of the induced NOX4 expression in lung fibrosis^[31,32]. It has been reported that NOXs are flavoenzymes that are responsible for initial formation of ROS^[33]. Among the main proposed reasons behind PQ-triggered ROS release was the activation of NOXs,

especially NOX4, in the inflammatory and pulmonary target tissues^[31,34]. It has been reported that one of significant the inflammatory factor is NO. which is produced by inducible nitric oxide synthase associated and is with induced it inflammation. Increased production of NO

was established to cause cytotoxicity, inflammation, carcinogenicity, and autoimmune disorders^[35,36]. Ethanol extract of pomegranate flower (PFE) was recorded to reduce the NO production in lipopolysaccharide (LPS)-activated RAW264.7 macrophages^[36].



Figure 3: Effect of PJ and PSE administration on the cytokine and chemokine levels in the lung tissue of the PQ-treated mice. (a) TGF- β 1, (b) IL-6, (c) IL-17, and (d) CCL2 levels in lung tissue. TGF: transforming growth factor, IL: interleukin, CCL2: CC chemokine ligand 2, PQ: paraquat group, PQ+PJ: paraquat + pomegranate juice group, PQ+PSE: paraquat + pomegranate seed extract group. Data were expressed as mean ± standard deviation, n = 8. *: *P*<0.05, **: *P*<0.01, ***: *P*<0.001, and ****: *P*<0.0001 compared with the control group; #: *P*<0.05, ##: *P*<0.01, ###: *P*<0.001, and ####: *P*<0.001 compared with the PQ-treated group.

MDA is a crucial indicator of tissue injury due to oxidative stress. In this article, PQ injection led to oxidative stress as evidenced by elevated MDA level. PJ or PSE treatment improved the provoked pulmonary oxidative stress by PQ as

indicated by reducing the MDA level. Previous study reported the importance decreasing ROS production of and oxidative stress in mediating the antifibrotic mechanisms^[30]. In addition, lung injury alleviated oxidative by was pomegranate peel methanolic extract in methotrexate-treated rats^[21]. Moreover, the protective effect of PSE was confirmed in bleomycin-triggered pulmonary fibrosis in rats due to its antioxidative properties^[18].

It was documented that the etiology for lung fibrosis was ascribed with inflammation and that various cytokine secretions were associated with induced pulmonary injury^[29]. The present study revealed that the levels of CCL2, IL-6, TGF-β1, and IL-17 elevated significantly following PQ treatment. The current experiment also showed an increase in the level of p-ERK1/2 following PQ injection in the lung tissue of mice. It was confirmed that IL-6 secretion from synovial fibroblasts was induced bv CCL2^[14]. Accumulating evidence exhibited an increased IL-6 release in the lung of people with fibrotic pulmonary damage may suggest its profibrogenic that contribution^[37-39] through the suppression of apoptosis. Subsequently, fibroblast CCL2 could be referred to as a profibrotic chemokine by triggering IL-6 secretion. The underlying mechanism for the release of IL-6 through CCL2 by human pulmonary fibroblast was attributed to the ERK1/2 signaling pathway that mediates CCL2 activation of IL-6 secretion^[13]. CCL2 exhibits its effect via its G protein-coupled seven transmembrane spanning receptor "CCR2" that transmit the signal through G protein-coupled receptors, especially Gi, which consequently triggers ERK1/2 signal pathway^[40]. TGF- β 1 is one of the inflammatory cytokines that also increased upon PQ treatment. It is well established that IL-6 and TGF- β 1 are among the inflammatory cytokines that were associated with the propagation of lung fibrosis^[15,29]. TGF-β1 is the prototype of a family of secreted growth factors with the varied ability of cell

modulating processes such as apoptosis, cell migration, differentiation, and extracellular matrix secretion^[15,41]. Two signaling pathways were proved to control the release of TGF-\beta1; Smad and non-Smad pathways. ERK1/2 belongs to a non-Smad pathway of TGF- β 1 signaling^[15]. The proinflammatory cytokine, IL-17 was verified to enhance epithelial-mesenchymal transition (EMT) with subsequent induction of lung fibrosis^[42]. It has been reported that IL-17 and CCL2 were crucial factors for fibrosis propagation in many organs in the body^[13,42]. It was recorded that IL-17-induced EMT in lung epithelium may be due to TGF- β 1 activation and ERK1/2 associated signaling pathway^[42]. Subsequently, PJ and PSE anti-inflammatory and anti-fibrotic effects may be attributed to the suppressed phosphorylation degree of ERK1/2. The anti-inflammatory effect of PFE pretreatment was shown to be associated with reduced phosphorylation of ERK in LPS-induced RAW264.7 macrophages^[36]. In conclusion, it can be inferred from the current study that the protective effect of PJ and PSE against PQ-induced pulmonary fibrosis might be achieved through modulation of oxidative stress, inflammation, and the inhibition of the associated ERK1/2 phosphorylation.

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CONFLICT OF INTEREST

The authors have no potential financial conflict of interest.

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تأثيرات عصير ومستخلص بذور الرمان على الإجهاد التأكسدي، والإلتهاب، وفسفرة "ERK1/2" في الإصابات الرئوية الحادة المُستحثة بالباراكوات في الفئران

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يُعتبر التليف الرئوي أكثر السمات المميزة لتسمم الباراكوات. ويلعب الإلتهاب والإجهاد التأكسدي دورًا مهمًا في التسبب في التليف الرئوي الناجم عن الباراكوات. تم تصميم الدراسة الحالية على الفئران لتقييم فاعلية عصير ومستخلص بذور الرمان ضد التليف الرئوي الناجم عن الباراكوات. تم توزيع ذكور الفئران "Mus musculus" بشكل عشوائي إلى أربع مجموعات تجريبية: المجموعة الأولى (المجموعة الضابطة) وقد عوملت بمحلول ملحي فقط بتركيز " %0.9"، بينما تلقت المجموعة الثانية جرعة واحدة من الباراكوات (30 مجم/كجم) عن طريق الحقن في التجويف البريتوني، وعوملت المجموعتين الثالثة والرابعة يوميًا بعصير الرمان (5 ملليلتر، تخفيف 1:40) أو بمستخلص بذور الرمان (500 ملجم/كيلوجرام من وزن الجسم، معلق في ماء مقطر) على التوالي، عن طريق الفم لمدة أسبوع واحد قبل الحقن بالبار اكوات، ثم استمرت المعالجة لمدة ثلاثة أسابيع بعد ذلك. أدت المعالجة بالبار اكوات إلى زيادة ذات دلالة إحصائية في مستويات الهيدروكسبرولين، وإنزيم "NOX4"، وأكسيد النيتريك، والمالون داي ألديهيد، والكينيز خارج الخلية الذي ينظم الإشارة 2/1 (ERK1/2)، والإنترليوكينات 6 و 17، وعامل النمو المحول بيتا-1 والكيموكاين "CCL2" في أنسجة الرئة بالمقارنة مع المجموعة الضابطة. وقد أدت المعالجة بعصير الرمان أو بمستخلص بذور الرمان إلى تخفيف التغيرات الكيميائية الحيوية في الرئة الناتجة عن حقن الباراكوات. بالإضافة إلى ذلك، خفض عصير الرمان ومستخلص بذور الرمان من مستويات الإنترليوكين 6، والإنترليوكين 17، وعامل النمو المحول بيتا-1، والكيموكاين "CCL2"، كما خفضا – بمقدار ذو دلالة إحصائية – من فسفرة "ERK1/2"، في الفئران المعاملة بالباراكوات. وخلصت الدراسة إلى أن المعالجة بعصبر ومستخلص بذور الرمان قد خففت بشكل فعال من الإصابة الرئوية المُستخُثة بالبار اكوات في الفئر ان عن طريق تخفيف الإلتهاب، والإجهاد التأكسدي، والتليف